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I naturally feel confident in everything I do.

I am confident in my ability to complete any task or deal effectively with any obstacle.

I am comfortable with my skill set and believe I can handle anything life throws my way. I am naturally a very confident person.

I have a strong belief that I can be successful in everything I attempt. My natural state of being is one of confidence. Confidence flows through my veins.

I enjoy looking back on my past successes. These provide a strong belief in myself. I have a strong pattern of success. Success breeds confidence and more success. **I can choose to make myself even more confident by focusing on my wins.**

I have occasionally failed in the past. However, in retrospect, I can see what I should have done to be successful. This makes me highly confident that I can be successful in a similar situation in the future. **So, my failures are a source of confidence, too.**

My confidence rubs off on others. When I see the positive impact I have on others, it boosts my confidence even higher.

Today, I allow myself to feel completely confident in everything I do. I have faith in my abilities. Feeling confident is just my nature.

Self-Reflection Questions:

1. What am I good at? What makes me feel confident?
2. How can I become more confident? What do I need to learn? What do I need to practice?
3. Who is the most confident person I know? What can I learn from them?