

# I succeed

## **I succeed.**

I am consistent and committed. I keep my purpose in mind. I set realistic and compelling goals. I push myself beyond my comfort zone.

I persevere through obstacles. I stay calm and consider my options. **I deal with discouragement and adapt to change.**

I manage my time. I identify my top priorities. I devote my energy to meaningful activities. I limit the hours I spend watching TV or browsing online.

I continue learning. I take courses online and at local universities. I use my library card regularly. **I deepen my understanding and mastery by teaching others and practicing new behaviors.**

I strengthen my communication skills. I work on my emotional intelligence. I treat others with kindness and respect. I listen attentively. I share constructive feedback. I choose words that are friendly and encouraging.

I work well with others. I am generous and

cooperative. I build a network of mutually supportive relationships. **Helping others to succeed helps me make progress too.**

I consult a mentor. I find someone who has similar experiences and objectives. They inspire me and hold me accountable. I benefit from their insights and advice.

I think positive. **I believe in myself and my abilities.** I adopt a growth mindset.

Today, I reach my goals with confidence and ease. I am charismatic and successful. I create the life I want.

## **Self-Reflection Questions:**

1. What are the disadvantages of being an overnight success?
2. Why is being rich different from being successful?
3. What is my personal secret to success?