

# I am driven to succeed

## **I am driven to succeed.**

I pursue my dreams. I set goals that challenge me but are still reachable. I use my objectives to guide me in managing my time and channeling my resources.

I analyze my progress. I consider my strengths and the areas where I need to grow. I set interim milestones that keep me on track. **I adjust my plans as needed while remaining true to my vision.**

I screen out distractions. I clear away clutter from my desk and mind. I plan my day and block out time for my priorities. I cut back on activities that drain my time.

I practice self-care. I eat nutritious foods, exercise regularly, and sleep well. I keep my mind and body in peak condition.

**I take the initiative.** I create my own opportunities. I make things happen.

I value learning. I work hard and take risks. I view each experience as a chance to add to my talents. I take courses online and sign up for training at work. I read books and subscribe to blogs about my industry.

I ask for advice and feedback. I team up with colleagues who share my vision. I choose partners who complement my skills and challenge me to exceed my past performance.

I remember my purpose. I stay motivated by keeping my goals in mind. **I am willing to persevere as long as it takes to reach my goal.**

Today, I am fully committed to success. I believe in myself and my abilities. I overcome obstacles and stick to my resolutions.

## **Self-Reflection Questions:**

1. Why is a positive attitude important for success?
2. How can I build up my mental strength?
3. What is my definition of success?