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I am thankful that I have been able to create a lifestyle that works for me. I am super blessed to live the life of my dreams!

I realize, also, that my happy reality is because of the abundance that surrounds me.

I am proud of myself for setting good boundaries. I am pleased that I have finally figured out who I am, thanks to the abundance of knowledge we have today that helps me answer questions that are important to me.

I am happy that I have all the time I want to play and partake in extracurricular activities. Luckily, I have been able to create a flexible lifestyle that affords me this luxury.

I am grateful that I have carved out an ethical, profitable business. I feel good about the win/win business model that I have developed.

I give thanks that I am in a position to do what I am good at. I get to use my talents in

a useful way. **I feel satisfied to know that I am contributing to the whole world with my abundant talents and skills.**

I love myself enough to take good care of my body. I eat nutritiously, exercise, and give myself permission to sleep as much as I need. I spend time doing self-nurturing activities.

Today, it feels good to know that I am in balance with my world. I am grateful that I can buy what I want and need. I think it is so cool that I can live the lifestyle of my dreams!

Self-Reflection Questions:

1. How could I even get better at taking good care of myself?
2. How could I tweak my business in order to get maximum profit without expending more time or energy?
3. How does having an ethical business create more abundance for all?