

I AM THE ARCHITECT OF MY OWN LIFE

I am the architect of my own life.

I am the only person with the power to change my life. The opinions and actions of others fail to determine my path.

I choose to take charge of my own destiny and live my very best life.

I release those who want less than the best for me and forgive those who begrudge me happiness and success.

I choose to see the bigger picture and understand how **small decisions create large changes.**

I recognize the power that lies within me. I know that I alone have the power to change my life for the better - the decision lies with me.

I understand my strengths, abilities, and aspirations. I recognize that I have everything I need to succeed.

I choose to do my best in each task that is asked of me, even if it is hard, challenging, or lengthy. **I understand that everything is a step towards my goal.**

I embrace the hard work that helps me to reach my goals. Even the challenges also help me to grow.

I understand that every journey starts with a first step. I am ready to learn, to evolve, and to develop. I am willing to put Ego aside to help me live an authentic life.

I see that the doubts of others are a reflection of their own Ego and struggles and let go of any tendency to make them my burden.

Today, I take charge of my life. I know that I have the power to live the life I desire.

Self-Reflection Questions:

1. What steps can I take to put my dreams into action?
2. Who or what is holding me back from living my most authentic life?
3. What does my dream life look like?