

I attract abundance

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I see the abundance that surrounds me. I welcome good things into my life. **My mind is open to receiving blessings.**

With so much to gain, I stand alert. **I want to spot opportunities at all levels.**

Savoring pleasures is simple. The afternoon flies by when I am playing board games with my children. Stalls full of colorful fruits and vegetables greet me each time I visit a farmer's market. Bird songs entertain me when I walk through my neighborhood in the morning.

Searching for reasons to value hardships is more complicated. However, challenges enrich my life as much as enjoyment.

I express gratitude for everything that comes my way.

Sometimes I can gain money or other material things. Other times I make new friends.

Each day is full of occasions for me to continue learning.

I realize that my worth is independent of possessions and income. I find contentment in my faith and efforts. My wealth is measured by my spiritual qualities and connections with my loved ones.

I delight in my ability to share my gifts with others. I take satisfaction in contributing to a better world.

The thing I love most about abundance is the way it empowers me.

Today, I pay attention to the riches that surround me. I appreciate my good fortune and create conditions that attract even more abundance.

Self-Reflection Questions:

1. How does an abundant mindset change my experiences?
2. What are three things I can do today to cultivate an abundant mindset?
3. What does nature teach me about abundance?