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Each of us possesses skills that make us unique and strong in our own way. I have confidence in my skills because I see where they are capable of taking me. There is so much power in self-belief.

I am an excellent teacher. It gives me great pleasure to fill my students with knowledge. It puts a smile on my face when I hear them express themselves with new information.

When I see and acknowledge my influence on others, it boosts my self-confidence and reassures me that I am working where I belong. Although the validation from others is rewarding, I rely most on the message that I feed to myself.

I know that I am meant to use my skills to change the lives of others. For example, when I write meaningful content, I feel like I am being a blessing to those who read it.

That inner belief allows me to confidently market myself whenever opportunities come my way. I pull that assuredness from my soul into my passion for my work. It

speaks volumes when I talk from my heart instead of just my mind.

When I identify a new strength, I am inspired to use it to build others up. It is important to me to share whatever I have with as many others as possible.

It is amazing how far I am able to reach in life when I just believe in my abilities.

Today, I am excited about what the future holds because I have what it takes to churn through life's twists and turns. I am a winner at whatever I commit my talents to.

Self-Reflection Questions:

- 1. What are some of my greatest strengths?
- 2. How am I able to continue to sharpen my skills?
- 3. How does learning a new skill contribute to improving other skills?