

I SEE MY GOALS WITH CLARITY

I see my goals with clarity.

Striving to live the life of my dreams takes reflection, planning, and effort. I know that I am responsible for creating the existence I yearn for. Therefore, thoroughly understanding what I want to achieve is necessary.

In order to continue on the path to the life I seek, I make special efforts to clarify my goals.

I regularly reflect on my hopes for the future. I consider what it feels like to achieve a personal or professional goal. Those feelings of personal pride, integrity, and success spur me forward. I visualize my goals so I know exactly what I am seeking.

Each day, I engage in some type of planning to help me achieve my current goals. Whether it involves making a phone call, researching a topic on the internet, or jotting down some notes, ***I see my goals clearly because of my ongoing planning.***

Above all, I put forth effort to be aware of my goals at all times. I place reminders throughout my home, car, and briefcase

regarding what I am working toward. I not only visualize my goals, but I also see reminders of them on a daily basis.

My clearly-defined goals are important to me and aid me in putting forth considerable effort toward achieving success.

Today, I intend to review my goals. I know I can clarify each of my goals so I know specifically what I am working toward. My life is filled with meaning because I have understandable, well-defined goals.

Self-Reflection Questions:

1. Do I have clearly defined goals? Do I know exactly what I am working for?
2. On a daily basis, what kinds of things do I do to keep my goals in the forefront of my mind?
3. What must I do to ensure my goals are clear, concise, and consistent with my life plan?