

# I seek to mentor others

## **I seek to mentor others.**

I know how important it is to have mentors. One of the best ways I gain knowledge is to work in tandem with another person who has great skill in what I am interested in learning.

## ***Having a mentor impacts my life in many ways.***

Being able to find guidance from someone who has a solid knowledge base in what I am pursuing gives me peace of mind and the confidence to try new skills. I watch and learn new methods from my mentor. Plus, I have someone I can call when I have a question or need support.

For these reasons, I also enjoy mentoring others.

I am honest with myself about my skills and gifts. When I encounter someone who appears to be struggling to do the things that I am good at, I offer support and guidance.

In addition, my own performance is enhanced when I help others learn my skills.

I stand taller and take more pride in my work because I mentor others. In essence, ***my life is more fulfilling and enriching because I am open to mentoring.***

Today, I know I can share some of the information and know-how I have with others. Whether it is guiding someone working on a project at work or helping a teenager to learn a new craft or skill, seeking to be a mentor to others is important to me.

## **Self-Reflection Questions:**

1. Am I a mentor to anyone? If not, why have I not been a mentor before?
2. What do I do in my role as a mentor for others?
3. How can I seek out those who need mentoring?