

# My failures are a stepping stone to success

**My failures are a stepping stone to success.**

While most people avoid failure, I welcome it. Learning and improvement are the result of failure.

When I fail, I learn how to be better the next time. My skills improve. My understanding increases. **The most successful person is the one that failed the most in the past.** The more I fail, the more I ultimately succeed.

Others fear failure. I enjoy failing, because I understand the benefits it brings. Each failure takes me one step closer to my goals. Each misstep is a stepping stone to success.

**I am more successful than others because I am more willing to fail.**

I make the most of my failures. I examine what happened. I understand how to use the experience to my advantage in the future.

I recreate myself each time I fail. I am turning into a more successful and capable person each day. I can hardly recognize the

person I see in the mirror. My friends and family are amazed by my evolution.

**Each failure makes me stronger.** My perseverance is growing. My determination is increasing. My will to win is unstoppable. I enjoy what others fear and avoid. This gives me the confidence to fail again without worry.

Today, I am boldly taking chances. I am giving myself the chance to fail. I am taking the next step toward my success.

## **Self-Reflection Questions:**

1. Am I afraid of failing? If so, why?
2. What have I learned from my failures? What could I learn from my failures?
3. If I viewed failure positively, what could I accomplish?