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My thoughts are the genesis of my success. Thoughts lead to actions which lead to results. **I can control my thoughts, actions, and results.** This means that my success is under my control.

My thoughts lead my actions. I understand that thoughts are insufficient to change anything other than my actions. I avoid believing that my thoughts are enough to create. My thoughts give rise to my actions. That is the purpose of my thoughts.

Thoughts are only the beginning, but they are critical. Success begins with the thoughts I think each day.

The thoughts I choose to think can affect my mood, perspective, and enthusiasm. I have the power to think, rationalize, and make positive decisions. Wise decisions lead to effective actions.

It is ultimately my action or inaction that is the creative force in my life.

Any action has a result. **By taking effective**

actions, I can accomplish anything. I

carefully choose my actions in accordance with my goals. Before I take an action, I ask myself what I expect to accomplish with this action.

Today, I am committed to thinking positive thoughts and taking effective action. I am creating success today. I am aware of my goals and I take the steps to make them a reality.

Self-Reflection Questions:

1. What do I think about during the day?
Are those thoughts likely to lead to actions that will bring success?
2. What was the primary cause of my last failure?
3. What steps do I need to take today to reach my goals?