

# THERE IS PLENTY OF MONEY IN MY LIFE

**There is plenty of money in my life.**

I maintain a mindset of financial abundance. I expect to have all the money I need. **The money I need is available to me.** I am pleasantly surprised by all the ways money shows up in my life.

I have a regular stream of income that is sufficient for my lifestyle. I live comfortably and within my means.

My income is steadily growing by the day. I am finding new ways to earn and attract more money into my life.

The more money I have, the more relaxed and content I feel. **I am grateful for the financial abundance in my life.** I am open to receiving even more money in the future.

When I have a need for money, the money I need is always there. I am very fortunate when it comes to money. Everyone in my life believes I am very lucky, and I agree. I am also financially responsible.

I save money religiously. As my bank account grows, I feel happy and powerful. **Having money is a good feeling that I**

**enjoy tremendously.** Having plenty of money is soothing. I am comfortable with wealth.

Today, I am open to new streams of income. I accept financial abundance from all sources. I spend my money responsibly. There is plenty of money in my life.

## **Self-Reflection Questions:**

1. Would I feel comfortable with an income 10 times that of my current income? If not, why?
2. How much money could I earn before I felt uncomfortable? What is the cause of that financial setpoint?
3. What are five ways I could spend less money each month?