# Moon Manifesting Journal 2024

**EZODIACSIGNS** 

#### 2024 Full and New Moons

Jan 14

New Moon

**1**/20

Capricorn

Jan 25

Full Moon

 $\delta$ 

Leo

Feb 9

New Moon

M M

Aquarius

Feb 24

Full Moon

m

Virgo

Mar 10

**New Moon** 

 $\mathcal{H}$ 

Pisces

Mar 25

Full Moon

 $\overline{\Omega}$ 

Libra

Apr 8

**New Moon** 

 $\gamma$ 

Aries

Apr 23

Full Moon

M

Scorpio

May 8

New Moon

X

Taurus

May 23

Full Moon

X

Sagittarius

June 6

New Moon

 $\coprod$ 

Gemini

June 22

Full Moon

M<sub>0</sub>

Capricorn

#### 2024 Full and New Moons

Jul 5

New Moon

Cancer

Jul 21

Full Moon

 $\gamma_{0}$ 

Capricorn

Aug 4

New Moon

 $\delta$ 

Leo

Aug 19

Full Moon

M M

Aquarius

Sep 3

**New Moon** 

m

Virgo

Sep 18

Full Moon

 $\mathcal{H}$ 

**Pisces** 

Oct 2

New Moon

 $\overline{\mathcal{C}}$ 

Libra

Oct 17

Full Moon

**Aries** 

Nov 1

New Moon

M

Scorpio

**Nov 15** 

Full Moon

X

Taurus

Dec 1

New Moon

X

Sagittarius

Dec 15

Full Moon

 $\prod$ 

Gemini

Dec 30

New Moon

Mo

Capricorn

In	what	area	of	your	life	do	you	feel	most	
		am	nbit	cious	righ	t n	ow?			


What are you	working	hard	toward	in this
	mome	nt?		


Where in your life do you want to have a fresh start?

What changes are you making to your routine?

What	are	putting	most	of	your	energy	into
		ri	ght nc		?		


# How are you practicing more self-care?

In what ways are you nurturing your emotions?

What do you feel a little restless about?	

Where is your newfound courage taking you?

# What are you being more compassionate toward?

What are you creating right now?

How are you thinking outside the box?	

What seeds are you planting in your life?

How are you putting your unique	energy	out
into the world?		


In what ways are you being more rebellious?

Describe how you are good	d enough for	your
dreams.?		


How are you creating more balance in your life?

What dreams do you have about the future?

What have you been overthinking about?

What do you have a new commitment toward

What are your biggest hopes, dreams, and wishes right now?


What has your intuition been trying to tell you?

How are you embracing your spiritual side?

What is your inner child yearning for?

What has been giving you anxiety lately?

Who in your life do you need to let go of?

In what ways are you being more patient?

# How can you have more compassion for yourself?


What personal	boundaries are	you setting at
	this time?	


# What creative self-expression are you embracing?

# April 8 - New Moon in Aries

How are you resetting your life right now?	

# April 8 - New Moon in Aries

What goals are you revisiting at this time?

#### April 8 - New Moon in Aries

What are you working on manifesting in your life?


#### April 8 - New Moon in Aries

# How have your intentions changed since January?

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#### April 8 - New Moon in Aries

What new projects do you have going right now?


# Describe some breakthroughs you are experiencing.


What	did y	ou sv	veep	under	the	rug,	that	you
		are	e nov	v explo	ring	?		


# How are you seeing change from transformations you made last year?

#### What are you letting go of right now?

What are you embracing more of right now?

# How are you working on gaining financial freedom?


Describe how you are grounding yourself at this time.

What is bringing you a sense of comfort?

What seeds are you planting for your future?

How are you coming back to center?	

#### What is coming next in your life??


List your long-term goals.

What are you indulging in right now?

What do you feel a little more optimistic about?

How are you breaking free from limiting beliefs

How are you connecting with others?

What are you finally getting around to finishing?

What is something new you are learning?

# How are you resetting your mindset at this time?


What is a new idea you are exploring?

What have you achieved since January?

How are you working to create more balance?

In what ways are you connecting to your body?

# How do you stand in your truth?

How are you being gentle with yourself?

What emotional rollercoaster are you trying to slow down?

What do you feel extra sensitive about?

What idea have you been nurturing?

What do you feel is being hidden from you?

How are trusting in yourself more?

What is being illuminated for you right now?

How are you letting yourself rest more?

What has	been	your	biggest	acco	mplish	nment
		re	cently?			


# How has your life purpose shifted?

# July 21 - Full Moon in Capricorn

What foundation are you nurturing at this time?

How are you practicing more self-love?

How are you getting out of your comfort zone?

What is something you have had a change of heart about?


How are you embracing your self-expression?

What is making you feel the most fulfilled?

How	are	you	collabor	ating	with	others	at t	his
			ti	ime?				


What is your energy pulling you toward?

How are you seeking more freedom in your life?

What part of self are you releasing?

What have you been avoiding lately?

List ways you are getting more organized.

Describe how you are improving your work/life balance.

What are you changing in your life right now?

How have you been gaining more clarity?

In what ways are you improving your health?

What are you extending forgiveness toward??

What do you need to release to pursue your dreams?

How are you embracing your feminine side?

What brings you a sense of childlike wonder?

What do you feel is happening in divine timing?

How are you looking at your relationships with new eyes?

What connections are no longer serving you?

How are you doing an emotional reset?

What do you longer have resistance to?

How are you going with the flow right now?

# What emotions are being brought to light at this time?


How are you taking back your power?

# What is igniting your fire?

# Who in your life are you releasing from your energy?


# What seeds did you plant in April that are flourishing now?


Describe a rebirth you are going through right now.			

How are you cultivating self-empowerment?

What new beginning are you excited about?

How are you focusing on your self-expression?

What is	something	profound	you	learned
	rec	ently?		

What energies are you embodying right now?

Which of your senses are most prevalent in this moment?

# What do you need to release for your own security?

Describe the	personal	transfor	mation	you	are
	going t	through.			


# What manifestations have you seen results from?


What newfound	sense of	adventure	do	you
	have?			

What is	something	new	you	can do	that	you
	haven't	done	e bef	fore?		

List your biggest desires in life right now.

How are you reimagining a situation in your life?

What to	hope	to	see	come	to	fruition	next
			ye	ar?			


# What is a new idea you had in June that is growing now?


How are you removing	distractions from your
life	e?


What has been triggering you lately?

# What do you feel you have a new understanding about?


How are	e you	expressing	your	emotions	right
		now	2		


Set your goals for the new year.	

What new intentions do you have right now?

What is the biggest thing changing in your life?

What do you need to release from your life?