

## Third Eye Chakra Journal

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## I seek awareness with open eyes.

## How do you choose to seek awareness?


## How intuitive of a person are you naturally?

## Is it easy to listen to your intuition?

## When do you tend to ignore your intuition?

## What do your dreams tell you?

## Do you ever have vivid dreams?


## Do you have psychic dreams?

## How do you trust yourself?


## Do you believe you possess any psychic abilities?

## When is a time you believed something that wasn't true?


# Is there anything you feel you are denial about?

## How are you strengthening your intuition?

## How are you learning to trust your own intuition?

## Do you have a big imagination?

## How is your imagination helping you in life?

## What is protecting you right now?

## What is your inner knowing?

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## If you could choose a psychic ability, what would it be?


## How are you in alignment with your purpose?


## Are you free of resistance?

## How open are you to new possibilities?

## What brings you more clarity?

## How are you finding peace of mind?

## How do you receive your insights?