

PASSION AND PURPOSE: PERSONAL MISSION STATEMENT WORKSHEET

In the space below write a mission statement that includes the following:

Example:

Who You Help: I help middle school kids

End Result: become well-adjusted adults

How: by teaching the core values of self-discipline, respect for others, focus, practice, patience, endurance, and self-care through karate

Why: to build leaders for future generations

Personal Mission Statement:

I help middle school kids become well-adjusted adults by teaching the core values of self-discipline, respect for others, focus, practice, patience, endurance, mastery and self-care through karate to build leaders for future generations.

Tip: Keep it brief and memorable. Your Personal Mission Statement should briefly describe your purpose and your personal call to action for this life in just 1 or 2 sentences.

Constructing Your Personal Mission Statement

Who You Help:

End Result:

How:

Why:

Personal Mission Statement: