

Getting to Know New Clients

1. What is the best thing about you? Why?
2. Have you had to accept anything about yourself? If so, tell me about that.
3. What habits make you feel poorly about yourself?

4. Do you ever feel irresponsible about areas of your life?
5. What are three things you have recently learned about yourself?
6. What fears do you have about your life?
7. What personal fears do you have about yourself?
8. Do you fear success?
9. How should I coach you?