



Self Love

Affirmations:

Self Confidence

I let go of the negative feelings about myself, and accept all that is good

Self Talk

I can be creative, competent, productive, and joyful

Self Respect

I deserve self-respect because there is no one else like me

Self Image

My body is healthy; my mind is brilliant; my soul is tranquil

Travel

Affirmations:



Quick Trips

I welcome spontaneity in my travels

Eats

I nourish my body with positive thoughts, good food, and plenty of rest

Destinations

I am open to receiving all of the good that there is in the world

Experiences

I welcome the opportunity to learn about different cultures and customs

Relationship



Affirmations:

Friends

I build healthy, solid, and strong relationships with people

Family

I have a strong bond with my family, even when we disagree on things

Coworkers

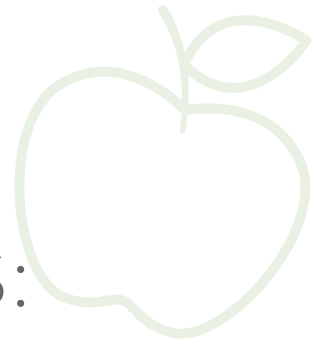
I have a lot to offer my coworkers, as they also do to me

Romantic

Love surrounds me, I completely open my heart to receiving love

Health

Affirmations:



Diet

I love seeing how healthy eating habits improve my life

Exercise

I make time to tend to and care for my body

Mental Health

I learn from everything that happens in my life

Sleep

I prioritize rest and recovery



Career

Affirmations:

Dream Job

*My dream job is on its way
to me right now*

Promotions

*Great things are happening in
my career right now*

Income

*Abundance is coming, I
deserve and accept it*

Retirement

*I will be prepared for exciting new
experiences in my retirement*

Wisdom

Affirmations:



Books

*I am a master reader, I retain
and recall everything I read*

Classes

*I feed my mind with new ideas
and understanding daily*

Languages

*I have unshakable determination
to realize my goals*

New Things

*I eagerly learn from every
experience in my life*



Money

Affirmations:

Investments

I am creating an abundant future with my money today

Donations

I can use money to change the world for the better

Goals

Everything I need to build wealth is available to me right now

Purchases

Financial freedom is not just a dream; it will be my reality

Hobby



Affirmations:

Creative

I am a creative thinker who has ideas that no one else can have

Games

I like to play challenging games to help me grow

Social

The hobbies and adventures we share bring us closer together

To Learn

I feel good when I try something new



Lifestyle

Affirmations:

Mindset

*I am becoming the best
version of myself*

Role Models

*By being inspired, I can
inspire others in turn*

Goals

*I allow myself to be who I am
without judgment*

Legacy

*I will make an impact and leave a
positive legacy on the world*