**Writing Through Challenges: Strategies and Resources For Graduate Scholars**

**Pre-Workshop Personal Reflection**

**Instructions:**

In order to get the full benefit of this workshop, participants are encouraged to start by reflecting on their current writing habits and challenges. Before we begin discussing resources and strategies, please take 5 minutes to answer the following questions. You will not be asked to submit your responses.

**1. How would you describe your current writing practice?**

Some aspects to consider:

-when do you write and for how long?

-do you share your writing progress with others?

-how do you feel about writing in general, and your specific process?

**2. What are the main challenges you are facing when it comes to meeting your current writing goals?**