



**Institute in Limited Obstetric Ultrasound  
2024 Enduring Material  
National Institute of Family and life Advocates (NIFLA)**

Review Date: December 10, 2023

Release Date: January 1, 2024

Termination Date: December 31, 2026

Nursing approval expires: April 2, 2028



**Accreditation** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and the National Institute of Family and Life Advocates (NIFLA). Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Physician Credit** The Christian Medical & Dental Associations designates this educational activity for a maximum of **15.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Physician Assistant**

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*<sup>™</sup> by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 15.5 credits for completing this activity.**

**Nurse Practitioner**

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines.

**Nurse practitioners may receive up to 15.5 credits for completing this activity.**

**Nursing**

This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Sonography**

American Registry for Diagnostic Medical Sonography (ADRMS) - ADRMS accepts *AMA PRA Category 1 Credit(s)*<sup>™</sup>. This course approved for 15.5 hours.

**Midwifery**

The American Midwifery Certification Board (AMCB) Certificate Maintenance Program accepts continuing education units appropriate to the practice of midwifery and approved by ACCME accredited organizations to satisfy contact hours requirements: 15.5 contact hours approved.

**Objectives:**

- Describe the legal and ethical basis of performing limited obstetric ultrasound in the Pregnancy Medical Clinic (PMC) setting.
- Identify the indications for limited obstetric ultrasound examinations according to nationally recognized guidelines of the AIUM, ACOG and AWHONN.
- Describe how to locate the placenta and identify previa.
- Indicate the policies, procedures, and protocols necessary to provide safe and excellent patient care.
- Evaluate the patient's response to ultrasound findings and implement appropriate intervention based upon that response.
- Discuss appropriate assessment, communication and education regarding the ultrasound procedure, its purpose, limitations, and findings.
- Describe the basic principles of ultrasound physics in creating an image, and how to assure safe practices.
- Identify landmarks required to document an intrauterine pregnancy, estimate the gestational age and confirm a heartbeat.
- List important medical needs of the PMC patient.
- Critique ultrasound images to determine adequate documentation of intrauterine pregnancy, estimated gestational age and cardiac activity.
- Participate in cross sectional lab exercises, and practice scanning, utilizing specific knobology.

## Agenda - Includes Providing Ultrasound with Local Sonographer as Educator (PULSE)

TOPIC TITLE	FACULTY NAME	CREDITS
Legal Basics of Ultrasound (PULSE)	Thomas Glessner, JD	1.25
Ultrasound Legal Concerns (PULSE)	Thomas Glessner, JD	1.25
Policies and Procedures 2025 (PULSE)	Anne O'Connor, JD	1.25
The Unique Goal and Mission of the Medical Professional in the PMC (PULSE)	Audrey Stout, RN, RDMS	
Philosophical Foundations of the Medical Clinic Model (PULSE)	Audrey Stout, RN, RDMS	0.5
Accountability of the Medical Professional (PULSE)	Audrey Stout, RN, RDMS	1.00
Patient Assessment	Audrey Stout, RN, RDMS	0.50
Overview of Patient Flow	Audrey Stout, RN, RDMS	
Ultrasound Physics	Dotsy Davis, BSRT, RDMS	0.75
Transducers & Instrumentation	Dotsy Davis, BSRT, RDMS	0.75
Limited Ultrasound <i>Pelvic Anatomy Physiology in Obstetric Ultrasound</i>	Audrey Stout, RN, RDMS	1.0
<i>Embryonic &amp; Fetal Development</i>	Audrey Stout, RN, RDMS	0.5
<i>Ultrasound in Early Pregnancy Failure</i>	Audrey Stout, RN, RDMS	0.25
<i>First Trimester Ultrasound Biometry</i>	Audrey Stout, RN, RDMS	0.25
<i>Fetal Cardiac Activity</i>	Audrey Stout, RN, RDMS	0.25
Ultrasound Findings in Pathological Conditions	Audrey Stout, RN, RDMS	0.50
<i>Ectopic Pregnancy</i>	Audrey Stout, RN, RDMS	0.50
<i>Second &amp; Third Trimester Ultrasound and Biometry</i>		
<i>Sonography Findings and Implications</i>	Audrey Stout, RN, RDMS	0.25
Obstetric Fundamentals for the PMC Personnel	Audrey Stout, RN, RDMS	0.25
Case Studies	Dotsy Davis, BSRT, RDMS	0.50
Ultrasound Basics/Applied Basics	Dotsy Davis, BSRT, RDMS	0.25
Orientation to Scanning (PULSE)	Audrey Stout, RN, RDMS and Dotsy Davis, BSRT, DMS	2.75
Placenta and Cervix Lecture	Byron Calhoun, MD, FACOG, FACS, MBA	1
	<b>TOTAL</b>	<b>15.5</b>
	<b>Only PULSE</b>	<b>9.5</b>

### Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

#### Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

#### ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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