**Nomination of Candidates**

1. **Annually at the Junior National Championships, the Head Coach of each provincial team will submit one nomination for the Heather Stupp Award. The nominee must be a junior female athlete competing at the championships.**
2. Nominations must be submitted to the Executive Director of Racquetball Canada using the official Racquetball Canada Award Nomination Form. All relevant information supporting the athlete's record and merit should be included. Nominations not submitted on the official form will be deemed incomplete and returned to the nominator.
3. The completed nomination must be submitted by 16:00 local time on the Friday of the Junior National Championships.

**Selection of Candidates**

1. The athlete with the most nominations will be named the recipient of the Heather Stupp Award.
2. **In the event of a tie, the award will be given to the oldest athlete. If the tied athletes were born in the same year, Head Coaches will vote to determine the recipient based on the nominee's record and merit.**

**Award Information**

**Description:**

The Heather Stupp Award is presented to a junior age female athlete at the Junior National Championships who demonstrates excellence and good sportsmanship on and off the court.

**Criteria:**

Nominees should demonstrate actions worthy of recognition, including but not limited to the following activities:

1. Demonstrated sportsmanship and ethics in sport;
2. A level of consistent quality play;
3. Demonstration of inclusiveness.

**Athletes who have previously received this award are not eligible for nomination. A full list of past recipients is available on the Racquetball Canada website:** [**https://racquetballcanada.ca/canadian-junior-champions/**](https://racquetballcanada.ca/canadian-junior-champions/)**."**

Nominee

Athlete Name:

Province:

Nominated By

Name:

Province:

Achievements & Contributions

**Provide a rationale for the nominee, demonstrating how they meet the criteria for the Heather Stupp Award.**

1. Demonstrated sportsmanship and ethics in sport;
2. A level of consistent quality play;
3. Demonstration of inclusiveness.

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March 2025

